

Maximize to Strong

FEATURES

Counterbalanced pressing
Arm lowers start resistance.
Seat position provides range
Of motion adjust

MUSCLES USED

Anterior Deltoid , Middle Deltoid
Triceps Brachii

MOTION DEVELOPED

Shoulder Abduction, Elbow Extension



Shoulder Press

MAXNUM MA-A 869 S

FRAME AND CABLES

Oversized Frame Tubing	Yes
Frame Finish	Proprietary two-coat powder process
Cable Transmission	Internally Lubricated cables and fittings
Tube Thickness	3.0 mm.

WEIGHT STACK

Total Stack Weight	95 KG / 210 Lbs
Weight-Stack Pins	Magnetic Pins
Points of Adjustment	No
Guards and pulley Covers	Stack cover made of acrylic protects
Self-Lubricating weight stacks Bushings	Solid cold rolled steel plate, with Teflon inner bushings
Incremental Weight System	Yes

USER AMENITIES

Instructional Placards	Yes
Color-coded Pivots and Points of Adjustment	Yes
Personal Storage	No
Contoured Seating	Yes

TECH SPECS

Product Dimension (L x W x H)	130 x 140 x 150 / 52" x 56" x 60"
Product Weight	270 kg / 594 lbs
Certification	ISO 9001 , EN 957 Certified