

Maximize to Strong

FEATURES

Weight stack positioned at user's side allows quick and easy adjustments
Kneeling position provides improved Stabilization

MUSCLES USED

Dip: Triceps Brachii Anterior Deltoid
Chin: Latissimus Dorsi, Biceps Brachii

MOTION DEVELOPED

Dip : Shoulder Flexion , Elbow Extension
Chin : Shoulder Extension , Elbow Extension

Easy Dip / Chin

MAXNUM MA-A 887 S

**FRAME AND CABLES**

Oversized Frame Tubing	Yes
Frame Finish	Proprietary two-coat powder process
Cable Transmission	Internally Lubricated cables and fittings
Tube Thickness	3.0 mm.

WEIGHT STACK

Total Stack Weight	110 KG / 242 Lbs
Weight-Stack Pins	Magnetic Pins
Points of Adjustment	No
Guards and pulley Covers	No
Self-Lubricating weight stacks Bushings	Solid cold rolled steel plate, with Teflon inner bushings
Incremental Weight System	Yes

USER AMENITIES

Instructional Placards	Yes
Color-coded Pivots and Points of Adjustment	Yes
Personal Storage	No
Contoured Seating	Yes

TECH SPECS

Product Dimension (L x W x H)	175 x 144 x 280 / 70" x 57.6" x 112"
Product Weight	350 kg / 770 lbs
Certification	EN 957 Certified